

OCTOBER

HOT LUNCH MENU - MATERNELLE

MON	TUE	WED	THU	FRI
	1 BBQ Chicken Rice Pilaf Corn Orange Slices Fruit Salad Milk/Water	2 Lemon Cod Cous Cous Dill Carrots Banana Bread Fruit Salad Milk/Water	3 Mac & Cheese Green Beans Mixed Berries Fruit Salad Milk/Water	4 Chicken Quesedilla Spanish Rice Mixed Veggies Whole Fruit Fruit Salad Milk/Water
7 Teriyaki Chicken Steamed Noodles Broccoli Applesauce Fruit Salad Milk/Water	8 Baked Omelettes Potatoes Green Beans Apples Fruit Salad Milk/Water	9 Sheppard's Pie Mixed Beans Pumpkin Spice Cookie Whole Fruit Fruit Salad Milk/Water	10 Fish Cakes Cous Cous Carrots Whole Fruit Fruit Salad Milk/Water	11 Pasta Alfredo Bread Mixed Veggies Jello Fruit Salad Milk/Water
14 Thanksgiving Day	15 Organizational Day	16 Sweet & Sour Meatballs Steamed Noodles Mixed Beans Orange Slices Fruit Salad Milk/Water	17 Sole Filet Multigrain Blend Dill Carrots Whole Fruit Fruit Salad Milk/Water	18 Pasta Bolognaise Bread Mixed Veggies Baked Apples Fruit Salad Milk/Water
21 Tuna Casarole Yellow Beans Orange Slices Fruit Salad Milk/Water	22 Meatloaf & Gravy Mashed Potatoes Corn Whole Fruit Fruit Salad Milk/Water	23 Chicken Rice Pilaf Corn Oatmeal Cookies Fruit Salad Milk/Water	24 Pizza Steamed Noodles Mixed Veggies Apples Fruit Salad Milk/Water	25 Parent/Teacher interview
Fall Break	Fall Break	Fall Break	Fall Break	Fall Break