

# MARCH

## HOT LUNCH MENU - GRADES 1 TO 12

MON	TUE	WED	THU	FRI
				Tomato Macaroni Soup <b>1</b> Grilled Cheese Roasted Potatoes Mixed Veggies Apple Oatmeal Cookies Fruit Salad Milk/Water
<b>4</b> Crudite & Dip Beef Stroganoff Egg Noodles Corn Apples Fruit Salad Milk/Water	<b>5</b> Caesar Salad Baked Fish Fried Rice Dill Carrots Yoghurt & Honey Fruit Salad Milk/Water	<b>6</b> Tomato Slices Mac & Cheese Bread Peas Orange Slices Fruit Salad Milk/Water	<b>7</b> Cucumber Slices Roasted Chicken Brown Rice Broccoli Jello Fruit Salad Milk/Water	<b>8</b> Cheese Cubes Sweet & Sour Meatballs Cous Cous Mixed Veggies Baked Apples Fruit Salad Milk/Water
<b>11</b> Caesar Salad Pasta Bolognaise Bread Glazed Carrots Apple Crisp Fruit Salad Milk/Water	<b>12</b> Crudite & Dip Chicken a la King Rice Green Beans Oranges Fruit Salad Milk/Water	<b>13</b> Pickles Teryaki Meatballs Asian Noodles Roasted Veg Apples Fruit Salad Milk/Water	<b>14</b> Tomato Slices Baked Omelettes Roasted Potatoes Corn Yoghurt & Berries Fruit Salad Milk/Water	<b>15</b> Organisational Day No Classes
<b>18</b> Garden Salad Taco Haddock Loins Cous Cous Dill Carrots Banana Bread Fruit Salad Milk/Water	<b>19</b> Tomato Slices Turkey Sausage Mashed Potatoes Corn Apples Fruit Salad Milk/Water	<b>20</b> Crudite & Dip Pasta Alfredo Peas Bread Yoghurt & Honey Fruit Salad Milk/Water	<b>21</b> Cheese Cubes BBQ Chicken Brown Rice Green Beans Orange Slices Fruit Salad Milk/Water	<b>22</b> Caesar Salad Pizza Steamed Noodles Mixed Veggies Zucchini Brownies Fruit Salad Milk/Water
<b>25</b> Cucumbers & Dip Roasted Chicken Pirogi Carrots Carrot Cake Cookies Fruit Salad Milk/Water	<b>26</b> Caesar Salad Mac & Cheese Bread Corn Whole Fruit Fruit Salad Milk/Water	<b>27</b> Tomato Slices Meatloaf & Gravy Mashed Potatoes Peas Yoghurt & Berries Whole Fruit Milk/Water	<b>28</b> Crudite & Dip Breaded Fish Cous Cous Roasted Veggies Orange Slices Fruit Salad Milk/Water	<b>29</b> Pickles Beef Hot Dogs Tater Tots Mixed Veggies Apple Crisp Fruit Salad Milk/Water