

# FEBRUARY

## HOT LUNCH MENU - GRADES 1 TO 12

MON	TUE	WED	THU	FRI
				<b>1</b> Pickles Roasted Chicken Noodles Peas Fruit Salad Apples Milk/Water
<b>4</b> Crudité & Dip Sweet & Sour Meatballs Fried Rice Green Beans Fruit Salad Orange Slices Milk/Water	<b>5</b> Caesar Salad Pasta Bolognaise Bread Carrots Fruit Salad Baked Apples Milk/Water	<b>6</b> Garden Salad Cheese Omelette Roasted Potatoes Peas & Carrots Fruit Salad Yoghurt Milk/Water	<b>7</b> Cole Slaw Lemon Sole Filet Jasmine Rice Mixed Veggies Fruit Salad Oatmeal Apple Cookie Milk/Water	<b>8</b> Cucumber Slices Pizza Pasta Salad Broccoli Fruit Salad Whole Fruit Milk/Water
<b>11</b> Caesar Salad Mac & Cheese Bread Carrots Fruit Salad Baked Apples Milk/Water	<b>12</b> Tossed Salad Haddock Loins Cous Cous Carrots Fruit Salad Orange Slices Milk/Water	<b>13</b> Crudité & Dip Sheppard's Pie Bread Carrots Fruit Salad Rice Crispy Bite Water/Milk	<b>14</b> Tomato Slices Chicken Pot Pie Bread Corn Fruit Salad Berries & Yoghurt Milk/Water	<b>15</b> Organisational Day No Classes
<b>18</b> Family Day No Classes	<b>19</b> Winter Break Camp No Classes	<b>20</b> Winter Break Camp No Classes	<b>21</b> Winter Break Camp No Classes	<b>22</b> Winter Break Camp No Classes
<b>25</b> Winter Break Camp No Classes	<b>26</b> Cucumber Slices Teriyaki Chicken Noodles Stir Fry Veggies Fruit Salad Applesauce Milk/Water	<b>27</b> Caesar Salad Pasta Alfredo Bread Green Beans Fruit Salad Carrot Spice Cake Milk/Water	<b>28</b> Crudité & Dip Fish Cakes Jasmine Rice Peas Fruit Salad Fresh Fruit Milk/Water	