

DECEMBER

HOT LUNCH MENU - GRADES 1 TO 12

MON	TUE	WED	THU	FRI
3 Garden Salad Roasted Chicken Mashed Potatoes Broccoli Fruit Salad Yogurt Water/Milk	4 Crudite & Dip Sheppards Pie Bread Carrots Fruit Salad Rice Crispy Bite Water/Milk	5 Cole Slaw Meatballs Jasmine Rice Baby Corn & Peas Fresh Fruit Bananas Water/Milk	6 Sliced Tomato Pasta Bolognaise Bread Harricots Verts Fruit Salad Orange Wedges Water/Milk	7 Cheese Plate Haddock Filet Roasted Potatoes Mixed Vegetables Fruit Salad Whole Fruit Water/Milk
10 Crudite & Dip Meatloaf & Gravy Mashed Potatoes Carrots Fresh Fruit Apple Slices Water/Milk	11 Tomato Slices Baked Cod Fried Rice Broccoli Fresh Fruit Yogurt Water/Milk	12 Cole Slaw BBQ Chicken Roasted Potato Corn Fresh Fruit Baked Apples Water/Milk	13 Chicken Soup Pizza Crudite & Dip Jasmine Rice Fresh Fruit Rice Crispy Square Water/Milk	14 Crudite & Dip Baked Pasta Bread Harricots Vert Fruit Salad Whole Fruit Water/Milk
17 Garden Salad Baked Omelette Tomato Slices Roasted Potato Fruit Salad Carrot Cake Water/Milk	18 Cucumbers Teriyaki Chicken Stir Fried Veggies Noodles Fresh Fruit Yogurt Fruit Tart Water/Milk	19 Caesar Salad Pasta Alfredo Peas & Carrots Bread Fresh Fruit Banana Bread Bites Water/Milk	20 Crudite & Dip Mac & Cheese Pirogis Carrots Fresh Fruit Holiday Treats Water/Milk	21 End of the Year Break No Classes
24 End of the Year Break No Classes	25 End of the Year Break No Classes	26 End of the Year Break No Classes	27 End of the Year Break No Classes	28 End of the Year Break No Classes
31 End of the Year Break No Classes				