

NOVEMBER

HOT LUNCH MENU - MATERNELLE

MON	TUE	WED	THU	FRI
			1 Pulled Chicken Jasmine Rice Broccoli Fruit Salad Yogurt Water/Milk	2 Organisational Day No Classes
5 Fall Break No Classes	6 Fall Break No Classes	7 Fall Break No Classes	8 Fall Break No Classes	9 Fall Break No Classes
12 Fall Break No Classes	13 Pulled Chicken Jasmine Rice Broccoli Fruit Salad Yogurt Water/Milk	14 Meatballs Jasmine Rice Baby Corn & Peas Fresh Fruit Bananas Water/Milk	15 Haddock Filet Jasmine Rice Mixed Vegetables Fruit Salad Whole Fruit Water/Milk	16 Pulled Chicken Stir Fried Veggies Noodles Fresh Fruit Yogurt Fruit Tart Water/Milk
19 Meatloaf & Gravy Mashed Potatoes Carrots Fresh Fruit Apple Slices Water/Milk	20 Baked Cod Fried Rice Broccoli Fresh Fruit Yogurt Water/Milk	21 Pulled Chicken Roasted Potato Corn Fresh Fruit Baked Apples Water/Milk	22 Pizza (beef pepperoni, cheese) Crudite & Dip Jasmine Rice Fresh Fruit Rice Crispy Square Water/Milk	23 Baked Pasta Bread Haricots Vert Fruit Salad Whole Fruit Water/Milk
26 Chicken Stir Fry Asian Noodles Carrots Fruit Salad Yogurt Water/Milk	27 Baked Pasta Bread Haricots Vert Fruit Salad Whole Fruit Water/Milk	28 Baked Omelette Tomato Slices Roasted Potato Fruit Salad Carrot Cake Water/Milk	29 Pasta Alfredo Peas & Carrots Bread Fresh Fruit Banana Bread Bites Water/Milk	30 Fish Cakes Jasmine Rice Mixed Vegetables Fruit Salad Whole Fruit Water/Milk