

# September Menu

## Maternelle

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<b>2</b>	<b>3</b>	<b>4</b> Roasted Chicken Jasmine Rice Broccoli Fruit Salad Yogurt	<b>5</b> Filet of Sole Spiced Couscous Courgettes Fruit Salad Whole Fruit	<b>6</b> lasagna Haricot Vert Bread Fruit Salad Cinnamon Apples	<b>7</b> Baked omelet Tomato Slices Roasted Potato Fruit Salad Carrot Cake	<b>8</b>
<b>9</b>	<b>10</b> Hawaiian Meatballs Jasmine Rice Baby Corn & Peas Fresh Fruit Bananas	<b>11</b> Pasta Alfredo Peas & Carrots Bread Fresh Fruit Banana Bread Bites	<b>12</b> Baked Cod Fried Rice Broccoli Fresh Fruit Yogurt	<b>13</b> BBQ Chicken Roasted Potato Corn Fresh Fruit Baked Apples	<b>14</b> Mac & Cheese Pierogis Carrots Fresh Fruit Zucchini Brownies	<b>15</b>
<b>16</b>	<b>17</b> Meatloaf & Gravy Mashed Potatoes Carrots Fresh Fruit Apple Slices	<b>18</b> Haddock Filet Jasmine Rice Mixed Vegetables Fruit Salad Carrot Cake	<b>19</b> Teriyaki Chicken Stir Fried Veggies Noodles Fresh Fruit Yogurt Fruit Tart	<b>20</b> Pasta Bolognaise Haricots Verts Bread Fresh Fruit Baked Berries	<b>21</b> Chicken Sausage Potato Puree Broccoli Fresh Fruit	<b>22</b>
<b>23</b>	<b>24</b> Baked Pasta Bread Haricots Vert Fruit Salad Whole Fruit	<b>25</b> Roasted Chicken Jasmine Rice Broccoli Fruit Salad Yogurt	<b>26</b> Sheppard's Pie Carrots Fruit Salad Baked Apples	<b>27</b> Filet of Sole Spiced Couscous Courgettes Fruit Salad Whole Fruit	<b>28</b> Pizza (beef pepperoni, cheese) Crudité & Dip Jasmine Rice Fresh Fruit Rice Crispy Square	<b>29</b>